



Grove Lea Primary R.S.E Progression Skill Grid

Summer 2: Changes

	Y1	Y2	Y3	Y4	Y5	Y6
Knowledge	<u>By the end of Y1 we should know...</u>	<u>By the end of Y2 we should know...</u>	<u>By the end of Y3 we should know</u>	<u>By the end of Y4 we should know...</u>	<u>By the end of Y5 we should know...</u>	<u>By the end of Y6 we should know...</u>
	<p>Life cycles – animal and human Changes in me</p> <ul style="list-style-type: none"> • Changes since being a baby • Differences between female and male bodies (correct terminology) • Linking growing and learning • Coping with change • Transition I can compare how I am now to when I was a baby and explain some of the changes that will happen to me as I get older. • I can use the correct names for penis, testicles, anus, vagina, vulva, and give reasons why they are private. • I can explain why some changes I might experience might feel better than others. 	<p>. Life cycles in nature</p> <ul style="list-style-type: none"> • Growing from young to old • Increasing independence • Differences in female and male bodies (correct terminology) • Assertiveness • Preparing for transition • I can use the correct terms to describe penis, testicles, anus, vagina, vulva and explain why they are private. • I can explain why some types of touches feel OK and others don't. • I can tell you what I like and don't like about being a boy/ 	<p>. How babies grow</p> <ul style="list-style-type: none"> • Understanding a baby's needs • Outside body changes Inside • body changes Family stereotypes • Challenging my ideas • Preparing for transition • I can explain how boys' and girls' bodies change on the inside/outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up. • I recognise how I feel about these changes happening to me and can suggest some ideas to cope with these feelings. 	<p>Being unique</p> <ul style="list-style-type: none"> • Having a baby • Girls and puberty • Confidence in change • Accepting change • Preparing for transition • Environmental change • I can summarise the changes that happen to boys' and girls' bodies that prepare them for making a baby when they are older. • I can explain some of the choices I might make in the future and some of the choices that I have no control over. • I can offer some suggestions about how I might manage my feelings when changes happen 	<p>Self- and body image</p> <ul style="list-style-type: none"> • Influence of online and media on body image • Puberty for girls • Puberty for boys • Conception (including IVF) • Growing responsibility • Coping with change • Preparing for transition • I can explain how boys and girls change during puberty and why looking after myself physically and emotionally is important. • I can also summarise the process of conception. • I can express how I feel about the changes that will happen to me during puberty, and that I accept these changes might happen at different times to my friends 	<p>Self-image</p> <ul style="list-style-type: none"> • Body image • Puberty and feelings • Conception to birth • Reflections about change • Physical attraction • Respect and consent • Boyfriends/girlfriends • Sexting • Transition • I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born. • I recognise how I feel when I reflect on becoming a teenager and how I feel about the development and birth of a baby



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Tier 3 Vocabulary	Female Male penis, testicles, anus, vagina, vulva private NSPCC PANTS rule	Personal space Assertiveness Personal choice Personal preference.	Family stereotypes. Development	Puberty Hormones Pubic hair	Body image Self conscious Self Respect. Conception Influence Media	Respect Consent Sexting Self image