



Grove Lea Primary R.S.E Progression Skill Grid

Summer 1: Relationships.

	Y1	Y2	Y3	Y4	Y5	Y6
Knowledge	<u>By the end of Y1 we should know...</u>	<u>By the end of Y2 we should know...</u>	<u>By the end of Y3 we should know</u>	<u>By the end of Y4 we should know...</u>	<u>By the end of Y5 we should know...</u>	<u>By the end of Y6 we should know...</u>
	Belonging to a family <ul style="list-style-type: none"> • Making friends/being a good friend • Physical contact preferences • Physical contact preferences People who help us • Qualities as a friend and person • Self-acknowledgement • Being a good friend to myself • Celebrating special relationships • I can explain why I have special relationships with some people and how these relationships help me feel safe and good about myself. • I can also explain how my qualities help these relationships. • I can give examples of behaviour in other people that I appreciate and behaviours that I don't like 	<ul style="list-style-type: none"> • Different types of family • Physical contact boundaries • Friendship and conflict • Secrets • Trust and appreciation • Expressing appreciation for special relationships • I can explain why some things might make me feel uncomfortable in a relationship and compare this with relationships that make me feel safe and special. • I can give examples of some different problem-solving techniques and explain how I might use them in certain situations in my relationships. 	<ul style="list-style-type: none"> • Family roles and responsibilities • Friendship and negotiation • Keeping safe online and who to go to for help • Being a global citizen • Being aware of how my choices affect others • Awareness of how other children have different lives • Expressing appreciation for family and friends • I can explain how my life is influenced positively by people • I know and also by people from other countries. • I can explain why my choices might affect my family, friendships and people around the world who I don't know 	<ul style="list-style-type: none"> • Jealousy • Love and loss • Memories of loved ones • Getting on and Falling Out • Girlfriends and boyfriends • Showing appreciation to people and Animals • I can recognise how people are feeling when they miss a special person or animal. • I can give ways that might help me manage my feelings when missing a special person or animal. 	<ul style="list-style-type: none"> • Self-recognition and selfworth • Building self-esteem • Safer online communities • Rights and responsibilities online • Online gaming and gambling • Reducing screen time • Dangers of online grooming • SMARRT internet safety rules • I can compare different types of friendships and the feelings associated with them. • I can also explain how to stay safe when using technology to communicate with my friends, including how to stand up for myself, negotiate and to resist peer pressure. • I can apply strategies to manage my feelings and the pressures I may face to use technology in ways that may be risky or cause harm to myself or others. 	<ul style="list-style-type: none"> • Mental health • Identifying mental health worries and sources of support • Love and loss • Managing feelings • Power and control • Assertiveness • Technology safety • Take responsibility with technology use • I can identify when people may be experiencing feelings associated with loss and also recognise when people are trying to gain power or control. • I can explain the feelings I might experience if I lose somebody special



Grove Lea Primary R.S.E Progression Skill Grid

Summer 1: Relationships.

	<u>Y1</u>	<u>Y2</u>	<u>Y3</u>	<u>Y4</u>	<u>Y5</u>	<u>Y6</u>
Tier 3 Vocabulary	Physical contact Qualities Appreciate Relationship	Boundaries Secrets Trust Appreciation. uncomfortable	Family roles Family responsibilities Negotiation Global citizen Influenced.	Jealousy Loss Memory	Self esteem Gaming Grooming Negotiate	Power control